Plants Toxic to Cats

Cats will chew on plants. And, because they love to climb and explore, it is difficult to keep plants out of their reach. Therefore, if you are going to have plants in your house, or if you let your cat out in your yard, you need to be able to accurately identify the plants to which your cat will be exposed. When in doubt, however, it is best to remove the plant from your home.

If a plant is poisonous, assume all parts of the plant are poisonous -- though some parts of the plant may have higher concentrations of the toxic principle than others. Many toxic plants are irritants: they cause inflammation of the skin, mouth, stomach, etc. The toxic principle in other plants may only affect a particular organ like the kidney or heart.

The following is a listing of plants that are toxic to cats, as well as the most commonly encountered toxic plants:

- □ Amaryllis (*Amaryllis* sp.)
- Autumn Crocus (*Colchicum autumnale*)
- Azaleas and Rhododendrons (*Rhododendron* sp.)
- Castor Bean (*Ricinus communis*)
- Chrysanthemum (*Chrysanthemum* sp.)
- □ Cyclamen (*Cyclamen* sp.)
- English Ivy (*Hedera helix*)
- □ Kalanchoe (Kalanchoe sp.)
- Lilies (*Lilium* sp.)
- Marijuana (Cannabis sativa)
- Oleander (Nerium oleander)
- □ Peace Lily (*Spathiphyllum* sp.)
- Dethos (Epipremnum aureum)
- □ Sago Palm (*Cycas revoluta*)
- □ Spanish thyme (*Coleus ampoinicus*)
- □ Tulip and Narcissus bulbs (*Tulipa* and *Narcissus* sp.)
- □ Yew (*Taxus* sp.)

You can also visit the Pet Poison Helpline for their <u>Top 10 Plants Poisonous to Pets</u>, and the ASPCA for their extensive list of <u>Toxic and Non-Toxic Plants</u>.

WHAT TO WATCH FOR

Since many plants are irritants, especially for the *gastrointestinal* tract, most symptoms seen will be the result of irritation or inflammation, such as redness, swelling, or itchiness of the skin or mouth.

If the toxic principle directly affects a particular organ, the symptoms seen will be related to that organ. For example:

Difficulty breathing (if the airways are affected

Drooling or difficulty swallowing (if the mouth, throat, or *esophagus* is affected

Vomiting (if the stomach or intestines are affected)

Diarrhea (if the intestines or colon are affected)

Excessive drinking and urinating (if the kidneys are affected)

Fast, slow, or irregular heart beat (if the heart is affected)

IMMEDIATE CARE

If you see your cat eating a plant and you are uncertain if it is poisonous, or if you suspect your cat ate such a plant within the past 1 to 2 hours, you can do the following before you take him to your veterinarian:

- 1. Remove any plant material from the hair and skin.
- 2. If it necessary, you can wash the cat with warm water and a little non-irritating dish soap.
- 3. The identity of the plant is very important for determining treatment. If you don't know what kind of plant it is and you can bring it with you, do so. Veterinarians don't receive much training in plant identification, but every effort needs to be made to identify the plant. If your cat has vomited at all, try to collect some it for the doctor.
- 4. Call the Pet Poison Helpline at 1-855-213-6680